Chicago Then and Now
FRIDAY, MAY 16TH 9:30-2:30 – ALUMNI HALL - $25/person
Sign up—Rm. 316
Ralph Lopez, a RIVERVIEW PARK historian and author will show his new DVD on the park, and answer any questions you may have about Riverview Park. Share some memories of those days.
We will have an old time Chicago lunch of Maxwell Street Polish and Italian Beef sandwiches with chips, drinks & dessert.
After lunch, Justin Snyder, from OPERA IN FOCUS, will show slides about the puppet operas originally performed at Kungsholm’s in downtown Chicago. Justin learned his skills from one of Kungsholm’s original puppeteers. He will be bringing along some of the original puppet performers.

Lyric Opera of Chicago
Seats are reserved for Mozart’s DON GIOVANNI on Friday, October 24, 2014 for the 2:00 P.M. matinee and for Puccini’s TOSCA, Friday, January 30, 2015, also a 2:00 P.M. matinee. Ticket prices are $48.50 each. Sign up with Henrietta Leary (630-834-8917) or at the Center. Make checks payable to Henrietta Leary.

The Field Trip to the Driehaus Museum is filled.

NOTES FROM THE CENTER
We need your SUMMER STUDY GROUP PROPOSALS. Please consider coordinating a Summer study group. Proposals are due to Steve Wolf (stevengwolf@att.net) or in the Center, by April 25, 2014. Do your part to help us ensure a great Summer program.
THE CONSCIOUSNESS WORKSHOP: Tuesdays, 11:45 am, Room 314  This is a follow-on to Bob Long’s classes on consciousness. Len Larson will utilize and expand on the principles presented in those classes.

PLATO’S PLACE: Wednesday, come to Plato’s Place for some lively conversation. Bring your lunch and join the group in Room 330 at 11:45 am.

On April 23, the topic will be: Why do people want to live to age 100 or longer?

ICLer Bobbi Fields has provided information on the Village Singers of Lake Zurich Spring Concert. It’s entitled "Lullabies of Broadway" and includes songs and skits from Guys and Dolls, South Pacific and George Gershwin. The Village Singers are a group of 28 men and women who sing 4 part harmony. This show is going to be dynamite and the audience will have a wonderful, fun-filled time. The dates are Saturday, May 3rd at 7:00 and Sunday, May 4th at 3:30 at The Chapel in Lake Zurich. Tickets are only $8.00 for adults and children are free.

Bobbi is playing Bloody Mary in a skit from South Pacific and will also sing a solo, and ICLer Mary Falduto, is playing a nurse.

Tickets can be purchased at the door or held for ‘will call’ to be paid for at the performance (if you call Bobbi first at 847-913-1771).

See the flyer on the next page for further information.
The Village Singers of Lake Zurich
Present
the Lullabies of Broadway
Under the direction of Wendy Beyer

Saturday, May 3, 2014 7:00 pm
Sunday, May 4, 2014 3:30 pm

The Chapel
330 S. Old Rand Road
Lake Zurich, IL 60047

Adults $8.00
Children under 12 Free

villagesingers.blogspot.com
THINGS TO DO

‘50-Minute Shakespeare’

*All's Well That Ends Well*

Will be presented in April at several public libraries in the area

Admission is Free—Seating is Limited

The pre-show introduction begins 15 minutes prior to curtain.

Friday, April 25 at 7pm at the Niles Public Library
Saturday, April 26 at 10am at The Newberry Library
Saturday, April 26 at 2pm at the Wilmette Public Library
Sunday, April 27 at 2pm at the Highland Park Library

shakespeareprojectchicago.org

Schaumburg Township District Library Events:

Register: In person at the Central Library Information/Magazines Desk or Ph. 847-923-3347*

*Ameliat Earhart: Wings of Success*, Mon., April 28 from 7 to 8:30 pm
(Rasmussen South Rm.)

Historian Jim Gibbons explores the fascinating life of American aviation legend, Amelia Earhart, who set many flying records before her 1937 disappearance. Registration required.*
10 Actions to Avoid Medical Identity Theft

A thief may use YOUR NAME or health insurance numbers to see a doctor, get prescription drugs, file claims with your insurance provider, or get other care. "If the thief's health information is mixed with yours, your treatment, insurance and payment records, and credit report may be affected."

Many people do not know how to protect themselves because few people think of themselves as having a medical identity and thus the idea of someone stealing their medical identity is not even on their radar screen.

A sizeable proportion of incidents -- 30% -- were actually perpetrated by the "victims" themselves, through sharing their medical insurance details with friends and family.

Even so, the majority of victims were genuine, losing their medical ID information through theft by family members, insiders (people within the health industry), phishing and hacking of records.

The average cost to those who were out-of-pocket as a result was $18,660. And repairing the damage caused took up to a year, although in some cases victims were never able to fully put things right.

The FBI reports that, overall, healthcare fraud in the United States costs us -- the taxpayers -- $80 billion a year.

What You Can Do

While there's a lot that service providers and others who have access to our protected health information (PHI) can do to tackle medical ID theft, there's plenty that we as individuals can do too. For example:

1. Always check statements from your health insurer, including Medicare. Don't ignore them just because you owe nothing.

2. Carefully read the explanation of benefits (EOB) in statements and contact your insurer if there's anything that doesn't look right -- including the amounts billed even for treatment you received.

3. Be alert for other signs like bills for services you haven't had, unexpected notification that you reached your benefit limit or denial of claims for a condition you don't have.

4. Don't share your medical insurance details with anyone else, including friends and extended family members. If you do intentionally share, so they can use your insurance, you're breaking the law.

5. Don't be tempted by offers of "free" medical services that involve giving your insurance details to providers you don't know.

6. Don't assume that a caller (on the phone or at your door) is who they say they are. ID thieves may pretend to be from health insurance companies. Ask for their credentials and say you'll get back in touch. Then independently check them out.

7. Protect your insurance card the same way you would your credit cards and report any theft or loss immediately to your insurance company.

8. Shred medical and insurance documents once they are no longer needed. Don't just toss them in the garbage.

9. Even when you know you're dealing with someone you trust, make sure you know (i.e., you have read) their privacy policy, and find out how they store and share your PHI. The same goes for dealing with providers and insurers online.

10. Ask for a copy of "accounting of disclosures" from each of your medical services providers:

   It shows who they sent copies of your medical records to. You're entitled to one free copy per year.

Provided by ICLRU Member, Joan Brody
Village of Schaumburg

SUPPORT OUR SENIORS COUNCIL

Presents

SENIOR SCAM PREVENTION

There will be two **FREE** presentations designed to provide awareness of scams that target senior citizens.

A morning and evening presentation are scheduled.

**Tuesday, April 29, 2014 at 10:30 a.m. and 7 p.m.**

Schaumburg Township District Library

130 S. Roselle Road, Schaumburg

Rasmussen Room South

CAREGIVERS AND FAMILY MEMBERS OF SENIOR CITIZENS ARE ENCOURAGED TO ATTEND!!

Speakers include detectives from the Schaumburg Police Department Investigations Division.

Seniors needing transportation to the daytime presentation can call Dial-A-Ride at 847.352.8097 or Schaumburg Township at 847.882.1929

(You must reserve a ride prior to the event)

Please RSVP for this event by contacting:

Schaumburg PD Crime Prevention Specialist Paula Diaz at 847.348.7274 or the Schaumburg Township Library at 847.985.4000

Refreshments and raffle prizes — Vendor tables open 1 hr. prior to presentation
INSTITUTE FOR CONTINUED LEARNING
AT ROOSEVELT UNIVERSITY

1400 Roosevelt Road
Rm. 316

11:30 am—1 pm
Monday—Thursday

Phone: 224-523-6497
E-mail: Officemanager@iclru.org

ICLRU is a 501(c)3 Non-Profit organization. While affiliated with Roosevelt University, the ICLRU is run by its members, through an elected Board of Directors and the Chairpersons of its various committees. All persons on the Board and the committees are volunteers. All members are encouraged to participate to keep the organization vibrant.

Membership is open to seniors, age 55 and over, who have reached a point in life where they want to pursue their interests in a continuing learning and social environment with a group of like-minded peers.

ICLRU’S MISSION AND VISION

The mission of the ICLRU is to offer its members a non-credit, non-degree educational program together with social and cultural opportunities through which older adults may share their talents, experiences and skills.

Our Vision: To enrich our members’ experiences, while making the ICLRU an essential organization for Roosevelt University and our larger community.

Contact Us:
224-523-6497