



# SPRING 2014 ICLRU STUDY GROUPS MARCH 17 – MAY 16

## ***ICLRU members:***

*Your registration for study groups indicates your sincere intention to attend and participate. Please register for a study group only if you plan to attend regularly. If you register and find you cannot attend, please notify the coordinator as soon as possible.*

*Online registration on the ICLRU website begins February 7, 2014. Also on this date, the ICLRU Center will begin processing registration forms that have been mailed in or delivered in person.*

*Please register online if possible.*



**Institute for Continued Learning at Roosevelt University  
ICLRU Center, Room 316**

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## Monday 9:30-11:30

### THE ROOSEVELTS: PART I

**Coordinators: Tom and Sue Gavigan**

In part one, we will be looking at the Oyster Bay branch of the family. Our emphasis will be on the life and times of Theodore and Edith Roosevelt and their immediate family. Through lectures, audio-visuals and discussion we will try to keep up with the tirelessly exuberant "Teddy" and his extraordinary family. We will journey back to the "Gilded Age," the rise of progressives, "Muckrakers," "Trustbusters" and the age of American imperialism. We might "speak softly" but there will be no need for any of us to "carry a big stick." "Teddy Bears" are, of course, welcome! We hope to have one "bully" time!



### BALLET: LEARNING TO ENJOY

**Coordinators: Henrietta Leary and Kathryn Dublinski**

No tutus or pointe shoes required! Just sit back and enjoy the journey through the history of ballet. We will begin in Renaissance Italy, then to the further development of ballet in France, Russia, England and Denmark and then to the shores of the United States. Where available we will be showing videos of historically significant dances and dancers--some older, some more modern. It will be fun to see how ballet is interwoven into our everyday life. For those interested an outing to a Joffrey ballet is planned.



## Monday 1:00-3:00

### UNDERSTANDING THE MYSTERIES OF HUMAN BEHAVIOR

**Coordinator: Marlene Brusko**

Sometimes human behavior is, well, peculiar. For instance, why do we make mountains out of molehills, or alternately, ignore facts that are slapping us in the face? Why can siblings be so different? And why are prejudice and conflict so common--even when we really don't want either? And that memory thing: why is it so unpredictable? Can't be dementia--been happening since we were five. These and a host of other puzzling experiences will be examined with the help of a Teaching Company course of the same name. **Note: we will meet the first 8 weeks only.**

### GEOGRAPHY: THE B.R.I.C.s

**Coordinators: Stephen and Pam Novey**

The term B. R. I. C.s refers to Brazil, Russia, India and China: a list of emerging economies. But the list is broader than you think--what about Indonesia, Turkey, South Korea, Nigeria, and others to be named? Geography is not just about the "Where" but also about the "What" in human geography.



## Tuesday 9:00-11:30



### CLASSIC FILMS

**Coordinators: Gordon Palmer, Judy Miller and Bob Miller**

Join us in watching films that show Hollywood at its best. See movies made when movies were movies and stars were bigger than life. We'll show films from the 30's to the 70's with names like Katharine Hepburn, Humphrey Bogart, Burt Lancaster, and Gloria Swanson. Each week we'll see a film and learn about the actors, the inside stories, the awards and the directors. Class members are encouraged to present a favorite film from this era with assistance from the coordinators. **Note longer time period.**



## Tuesday 9:30-11:30

### ORIENTAL BRUSH PAINTING

**Coordinator: Carolyn Simons**

Learn the basics of the art of Oriental brush painting. Discover the "Four Gentlemen" of the ancient art of ink painting on rice paper. These sessions are for both new and returning students. Former students are welcome to attend the sessions as a workshop (bring your own supplies and equipment). **First-time participants will pay a fee of \$30 for materials.**



### HISTORICAL ILLINOIS: UNKNOWN SECRETS

**Coordinators: Jim Kacena and Bob Allen**

We will explore information about the state of Illinois, with an emphasis on places that have been named after persons and the (often unknown) details about those individuals. We will have fun, learn a lot, and identify places to visit. Surprises will be sprung, sometimes even on unsuspecting participants, in a variety of ways.



## Tuesday 1:00-3:00

### A SAMPLING OF SHAKESPEARE'S MOST POPULAR PLAYS

**Coordinators: Kathryn Dublinski and Henrietta Leary**

In this class, we will read aloud—everyone taking a role—two of the great classics of William Shakespeare. At the end of each play we will see a DVD of a performance. The two plays on the agenda for this term are *Henry IV Part 1* (a medieval fraternity boy who should have matured into a king but hasn't yet), and *The Comedy of Errors* (mistaken identity with two sets of twins equals a fun-filled farce). The *No Fear Shakespeare* is the suggested edition for the plays. Bring your copy of *Henry IV Part 1* to the first session. We'll start right away! **Maximum participants: 25.**



## Tuesday 1:00-3:15



### NEW BEST OF BRITISH COMEDIES

**Coordinator: Carolyn Simons**

Join us for the antics and wit of the funny blokes and ladies from across the pond. This spring we'll enjoy programs not previously covered in this study group series. **Note longer time period.**

## Tuesday 1:00-3:30

### FIRST LADIES: INFLUENCE AND IMAGE (PART 1)

**Coordinators: Sue Gavigan, Sue Masterson and Jan Brietze**

America's First Ladies have captured the hearts of this country's citizens ever since its humble beginnings. Their husbands rose to the pinnacle of power in the United States, but what do we know about the fascinating and influential First Ladies? Which First Lady was a professional dancer? Which First Lady never held a job or cooked a meal? Join us for a fun and interactive behind-the-scenes look at the private lives and public roles of the First Ladies and the historical backdrop to their influence and image. **This is a repetition of the spring 2013 study group. Note longer time period.**



## Wednesday 9:30-11:30

### CURRENT EVENTS

**Coordinator: Bob Gilden**

Participate in interactive, stimulating, informative and controversial discussions of domestic and international current events. Will the GOP gain control of the Senate in the 2014 elections and frustrate future Obama agendas? What effect will the Supreme Court decisions have on voting rights, same-sex marriage, racial preference in college admissions and other issues. Will marijuana be legalized in all 50 states for both medical and recreational purposes? Will Obamacare become the motto for the American healthcare system? Your participation will make for exciting and fascinating sessions as we explore such topics in depth. All Democrats, Republicans and Independents are welcome!



### SOME MYSTERIES OF THE WORLD

**Coordinator: Margo Temple, Kathryn Dublinski and George Gintowt**



Oscar Wilde said "The true mystery of the world is the visible, not the invisible!" This study group will be searching for explanations where there is no clear explanation, where something is difficult to understand. We'll take a field trip to walk a labyrinth and have lunch in a haunted mansion. We'll join Josh Bernstein of *Digging for the Truth* fame as he sets out in search of a real "temple of doom" in the ruins of an ancient Peruvian civilization and studies more intriguing sites on earth. Also, by popular request, we'll have a guest speaker, Sam Maranto of the well-known Mutual UFO Network (MUFON), with all the latest sighting updates. This study group will present many startling and impressive facts and will be loads of fun. Join us for some extraordinary adventures!

## Wednesday 1:00-3:00



### FOOD--THE EVERYDAY GOURMET AND MORE

**Coordinators: Debby Miller, Joan Brody and Pam Novey**

Have you always wanted to learn about professional cooking techniques? Have you wanted to talk about food, exchange knowledge about favorite recipes and restaurants, and have a good time doing all that? Well, come on down to Food--The Everyday Gourmet and More. We can't guarantee you'll learn something, but we can guarantee you'll have fun! **Maximum participants: 30.**



### THERE'S MORE TO YOUR HYMNBOOK THAN MEETS THE EYE

**Coordinators: Gordon Palmer and Vivian Palmer**

Are Psalms, hymns and spiritual songs all the same? What is the difference? Why is one tune named "Lobe den Herren" and another "Darwell's 148th"? What distinguishes a German hymn from an English hymn? Who were some of the most influential and prolific hymn-writers, and what were they like? Do you ever use the hymnbook as a daily meditational guide? What is the difference between Common Meter and Long Meter? We will explore the ins and outs of a hymnbook explaining its "mysteries" and attempting to make your hymnbook more meaningful to you, whether you sing along or just listen. No singing is required in this class! **Note: we will meet the first four Wednesdays only.**



### WRITING YOUR LIFE'S LEGACY

**Coordinator: Joanne Rooney**

Participants will create a personal document passing on the richness of their lives to those they care about the most—a gift from the heart. Your coordinator has a doctorate in education, is a life-long educator and is a published author. **Maximum participants: 12. Note: We will meet the final five Wednesdays beginning April 16.**



## Wednesday 1:00-3:30

### JACK NICHOLSON'S NINE BEST FILMS

**Coordinator: Jack McKee**

We will view and discuss nine of Jack Nicholson's greatest films beginning with *Five Easy Pieces* (1970), *Chinatown* (1974), and *One Flew Over the Cuckoo's Nest* (1975). Films for weeks 4 through 9 will be determined by the participants with help from your coordinator. To date, Nicholson has been nominated 12 times for an Academy Award and has won 3 Oscars. He is one of two male actors to have been nominated in 5 consecutive decades beginning in the 60's. **Note longer time period.**



**Thursday 9:30-11:30**



## **EXPLORING RELIGIOUS AND NON-RELIGIOUS BELIEFS**

**Coordinators: Andrea Zietlow and Ina Sidelnyk**

Each person has his or her own thoughts about God and religion. At some point in our lives, most of us have probably asked questions such as: Is there a God? Did God create man or did man create God? Does God answer our prayers? What happens to us when we die? Why are there so many different religious beliefs? Yet in most social situations we are discouraged from discussing these topics. In this study group, we will have the opportunity to discuss everything you've always wanted to say about religion, but were afraid to express. Participants will be encouraged to share their own viewpoints and question others. Staunch believers, questioning believers, and nonbelievers are all welcome to join us for some lively and thought-provoking discussions! **This is a repeat of the study group offered during the winter. We will meet the first five weeks only. Registration preference will be given to those who were wait listed for the winter term. Maximum participants: 20.**

## **THE AMERICAN PRESIDENTS: THEIR LIVES AND LEGACIES, PART 2**

**Coordinator: Mike Glass**

This session employs mixed media and interactive discussion to chronicle major events in the lives of our 44 presidents. Part 1 covered the period from 1789-1865, George Washington to Abraham Lincoln. Part 2 deals with 1865-2013, Andrew Johnson to Barack Obama. The material gathers vivid snapshots of all 44 Commanders in Chief and analyzes their powerful personalities, weaknesses, and major achievements. The American Presidents features rare and unseen photographs and footage, as well as valuable insights from journalists, scholars, and politicians. **Note: We will meet the first 8 weeks only.**



## **HEROES OF LEGEND**

**Coordinator: Michael McCann, MS**

What is the hero's journey and why do we gravitate toward it? Who were the real historical heroes of ancient myth and how do they shape our modern heroes of today? Learn about champions of ancient times, King Arthur, Robin Hood, Three Musketeers, pirates, and superheroes. **Note: We will meet 3 times early in the spring schedule: March 20, March 27 and April 10. A fee of \$10 for materials will be collected at the first session.**



## **STAY YOUNG THROUGH TECHNOLOGY AND POP CULTURE**

**Coordinators: Michael McCann, MS, and Jeff Rose, MBA**

This program is designed to help seniors learn about pop culture, social media, technology devices, the latest movies and music and the technology involved. Our passion is to help seniors become engaged in understanding and using the technology and culture that is around them, which can help them maintain their independence. **Note: We will meet the final 4 weeks of the spring schedule. A fee of \$10 for materials will be collected at the first session.**



## Thursday 1:00-3:30



### CINEMA ACROSS THE GLOBE

**Coordinators: Judith Ross and Cathy Jensen**

Travel the world with Judith and Cathy as your movie tour guides. Observe lifestyles and situations that are different, yet similar to our own, as we watch films from around the world. Each week a foreign film will be viewed, analyzed and discussed. Don't delay: book your World Cinema adventure today. **Note longer time period.**



## Friday 9:30-11:30

### ACTIVE AGING – HOPEFUL, VIGOROUS AND PRODUCTIVE

**Coordinator: Bill Niedbala**

How can we defy the negative myths of aging and create a new vision of 'mature' life? A more active, serene, healthy and fun lifestyle is within your reach! The formula is available; the execution is up to you. New research presented at the International Council on Active Aging Conference can help us change the way we age--for the better. Speakers on movement, nutrition and a more open, compassionate form of thinking will be presented along with DVD's to aid our discussions. **Note: We will meet the first 4 weeks only.**



## Friday 9:30-12:00

### WINSTON CHURCHILL--A CHAMPION OF FREEDOM

**Coordinators: Bob Masterson and Sue Harty**

Sir Winston Churchill is arguably the greatest leader of the 20th century, and one of the greatest democratic statesmen ever. His friend, colleague, and esteemed political foe Clement Attlee memorialized him as "the greatest Englishman of our time—I think the greatest citizen of the world of our time." Join us as we take a look at the life and times of this great man. We'll follow the ups and downs of Churchill's life from his birth in 1874 to his death in 1965. Along the way we'll learn about the events of British history and world history that occurred during his amazing 90 years. **Note: this is a repeat presentation of a study group originally presented in fall 2007 and fall 2009. We will meet the first 8 weeks only. Note longer time period.**





# REGISTRATION: SPRING 2014 STUDY GROUPS



**F** = Fee/cost involved

**L** = Limited # of registrants

MONDAY 9:30-11:30

- 1 The Roosevelts Part 1
- 2 Ballet—Learning to Enjoy

MONDAY 1:00-3:00

- 3 Understanding Human Behavior
- 4 Geography: The BRICs

TUESDAY 9:00-11:30

- 5 Classic Films

TUESDAY 9:30-11:30

- 6 Oriental Brush Painting **F**
- 7 Historical Illinois

TUESDAY 1:00-3:00

- 8 Sampling of Shakespeare **L**

TUESDAY 1:00-3:15

- 9 New Best British Comedies

TUESDAY 1:00-3:30

- 10 First Ladies Part 1

WEDNESDAY 9:30-11:30

- 11 Current Events
- 12 Some Mysteries of the World

WEDNESDAY 1:00-3:00

- 13 Food—The Everyday Gourmet **L**
- 14 More To Your Hymnbook
- 15 Writing Your Life's Legacy **L**

WEDNESDAY 1:00-3:30

- 16 Jack Nicholson's Best Films

THURSDAY 9:30-11:30

- 17 Exploring Beliefs **L**
- 18 American Presidents Part 2
- 19 Heroes of Legend (3 sessions) **F**
- 20 Staying Young (last 4 sessions) **F**

THURSDAY 1:00-3:30

- 21 Cinema Across The Globe

FRIDAY 9:30-11:30

- 22 Active Aging (1<sup>st</sup> 4 Weeks)

FRIDAY 9:30-11:30

- 23 Winston Churchill

***NOTE: For mail or walk-in registration, circle the number(s) of your choice(s), print your name below and submit this page only to the ICLRU Center***

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***(PLEASE PRINT NAME)***

