

## WHAT'S UP AT ICLRU?

### Spring Study Groups Start on Monday

You should have received an email with information about the Spring Study Groups including a copy of the room assignments.

Be sure to take a look at that email if you haven't done so already.

Hope you all have a great Spring session and enjoy your study groups.

Contact the Center if you have any questions.

Have a Safe and Happy St. Patrick's Day!



The ICLRU Intrepid Travelers meet Mon., March 25 in Rm. 314 at 11:45 am.

### THIS WEEK'S UPDATE

MARCH 15, 2013

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**Many thanks to our Winter Lecture Committee, Caryn Amster, Chairperson, all of our guest lecturers and everyone who attended our successful Winter Lecture Series.**

**Special Thanks to Friendship Village for their sponsorship.**

## NOTES FROM THE CENTER

Your Center and Update staff had a great winter vacation. Can't believe we were able to miss three snowstorms. Anyway, we're back...and ready to handle all your ICLRU issues (well maybe not all of them; we can't make the rooms larger to alleviate some of the wait listing problems). Thanks much to the great core of volunteers who so ably took care of things while we were gone.

With resumption of Study Groups next week, the Center hours will be reverting back to normal. We will be open Monday through Thursday from 11:30 am to 1:00 pm. We will be closed on Fridays.

**INSTITUTE  
FOR  
CONTINUED  
LEARNING,  
ROOSEVELT  
UNIVERSITY**

[www.iclru.org](http://www.iclru.org)

1400 Roosevelt Rd  
Rm 316  
Schaumburg, IL  
60173

**CENTER HOURS:**

**ICLRU Center  
Hours: Mon-Thurs  
11:30am –1:00 pm  
Tel: 224-523-6497**

**Email:**

**Officemanager@  
iclru.org**



"BOOK ENDS"

ICL NON FICTION BOOK CLUB

Meets Thurs., March 21  
at 3:15 pm in Room 327

Our March Selection is  
**Religion For Atheists: A  
Non Believer's Guide To  
The Uses Of Religion ...**  
by Alain de Bottom



**LUNCHTIME PROGRAMS**

11:45 am—12:45 pm

**Tues., March 19, Bring your lunch and join us  
in Rm. 314 for TUESDAYS AT THE LOUVRE:  
1/2 hour in Paris at the Louvre and then an  
'off the beaten track' site in Paris.**

**PLATO'S PLACE** Wed. March 20, Rm. 330  
Can school performance be measured?  
If so, can it be measured fairly?

**WEDNESDAY'S WITH TECHNOLOGY**

**Wed., March 20, Rm. 373.**

**Get one-on-one coaching with your gadgets  
and computers from four tech-savvy ICLRU  
members.**



**Friendship Village  
OF SCHAUMBURG**

Friendship Village  
of Schaumburg

**"Life is Better  
Among Friends"**

Exclusive Sponsor  
of ICLRU's  
Winter Lecture Series.

Visit them at:

[www.friendshipvillage.org](http://www.friendshipvillage.org)

**THINGS TO DO**

Peter Oprisko and his Silver Screen Gold Quartet salute the songs of the Academy Awards on Sun., April 14, at 3 pm. Performances at Forest View Educational Center, 2121 S. Goebbert Rd., Arlington Heights.

For information and tickets:

[www.nscommunityconcerts.org](http://www.nscommunityconcerts.org)

or call 847-253-0282 or 847-718-7702



Sponsored by Northwest Suburban Community Concert Association in partnership with District 214 Community Education.

**SHEDD AQUARIUM Free general admission for Illinois residents on the following  
2013 dates in March:18-19 and March 25-26.**



[Click here for information on  
the 2013 Chicago Flower &  
Garden Show at Navy Pier.](#)

# Friendship Village's 6th Annual Wellness Fair

Sponsored by the Friendship Senior Service Foundation



Take a little time for yourself and your health at

**Friendship Village's 6th Annual Wellness Fair!**

**DATE:** Tuesday, March 19th

**TIME:** 9:00 AM– 12:00 PM

**LOCATIONS:** Bridgewater Place,

Friendship Center, Assembly Hall and Sarah's Grove

Leave with knowledge and information from 30 local businesses, organizations and associations! Your body will thank you. Don't forget to grab your door prizes!

**Treat yourself to:**

**Chair Massages**

**Blood Sugar Testing**

**Blood Pressure Checks**

**Ear Inspections**

**Reflexology**

**Bone Density Testing**

**Nutritional Advice**

**Healthy Snacks**

**Walker Adjustments**



*Village of Schaumburg*  
***SUPPORT OUR SENIORS COUNCIL***  
*Presents*

# **SENIOR SCAM PREVENTION**

**This FREE presentation is designed to provide awareness of scams targeting senior citizens.**

Speakers include detectives from the Investigations Division and members of the Crime Prevention Unit of the Schaumburg Police Department

**Tuesday, April 23 2013 at 10 a.m.**

**Schaumburg Township District Library  
130 S. Roselle Road, Schaumburg  
Rasmussen Room South**

**CAREGIVERS AND FAMILY MEMBERS OF SENIOR CITIZENS  
ARE ENCOURAGED TO ATTEND!!!**

Seniors needing transportation for the morning presentation call Dial-A-Ride at 847.352.8097 or Schaumburg Township at 847.882.1929

**To register for this free event contact:  
Crime Prevention Specialist Paula Diaz @ 847.348.7274**

**Refreshments  
will be provided!**



Village of Schaumburg Police Department  
1000 W. Schaumburg Rd., Schaumburg, IL 60194-4198  
847.882.3586 / [WWW.VILLAGEOFSCHAUMBURG.COM](http://WWW.VILLAGEOFSCHAUMBURG.COM)