YOU MAY BE STRESSED AND NOT EVEN KNOW IT. JOIN US AT THE HEALTH AWARENESS 411 SEMINAR — Fri., Sept. 14, in Alumni Hall. Kick off the Fall ICLRU session with Coffee and scones served at 8:30 am. Then listen to Dr. Sheldon Cohen speak on Stress, Hormones, Nerves. Enjoy a delicious lunch in the courtyard. After lunch, Dr. Bud Beatty, Associate VP for Roosevelt’s College of Pharmacy will introduce speakers from the Pharmacy College and student groups who will speak on health and self-care. Non-members are welcome. CLICK HERE for the registration form.

ONLY 2 GOLDEN SEATS LEFT! WHITE PINES INN AND THE OLDE ENGLISH FAIRE Sat., Oct. 6, travel to Oregon, IL. The first stop is the White Pines Inn for a buffet luncheon, then on to the Stronghold Castle along the Rock River. Once a year, the castle and grounds become the site of the Olde English Faire. There will be performing minstrel acts, sword fights, jesters and magic, singing madrigals, and performances of Shakespearean theater. CLICK HERE for the registration form.

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NOTES FROM THE CENTER

Please wait until after Sept. 11 to contact The Center about Fall Study Group Confirmation & Waitlist Letters. The letters will be mailed today.

NOTE: THE CENTER WILL BE CLOSED ON TUESDAY, SEPTEMBER 11th.

ICLRU Events Calendar
PLATO'S PLACE
WED., SEPT., 12, RM. 330
Mary Crisanti moderates
Which is on the rise around the world, Capitalism or Socialism?

NEW—TUESDAYS WITH COMPUTERS begins SEPT. 18 from 11:45 to 1:00 pm in Rm. 373

INSTITUTE FOR CONTINUED LEARNING, ROOSEVELT UNIVERSITY

1400 Roosevelt Rd
Rm 316
Schaumburg, IL 60173

ICLRU Center
Hours: Mon-Thurs.
11:30am -1:00 pm
Tel: 224-523-6497
Email: Officemanager@iclru.org

September 30
WFMT’s Carl Grapentine
“Claude Debussy
Impressions of a Frenchman”

Register at the Reception Desk on the second level, 847-392-0100, or online at ahml.info.

The French composer Claude Debussy was born 150 years ago—August 22, 1862. One of the most influential composers in leading music into the 20th century, he also had a great effect on the next generation of composers. His experiments with color, sound, and atonality were called “impressionism,” a term he disliked. Still, his sound remains unique to this day.

Chicago Grandstand Big Band
Ultimate Tribute to the Swing & Jazz Eras September 9, at 3 pm Forest View Educational Center, 2121 S. Goebbert Rd., in Arlington Heights. Tickets: 847-253-0282 or 847-718-7702 or visit to 9 pm

Sunday Musicale
Arlington Heights Memorial Library, 500 N. Dunton Ave.,
847-392-0100 www.ahml.info
Sponsored by the Friends of the Library
Performances begin at 2 p.m. in the Hendrickson Room.

LUNCHTIME PROGRAMS
11:45 am—12:45 pm

“BOOK ENDS”

ICL NON FICTION BOOK CLUB

Next Meeting Date: Sept. 20th, Thursday, Room 327
3:15 to 4:30 pm.

THINGS TO DO
PAUL GREEN MODERATES A DEBATE

STAY INFORMED; BE SURE TO VOTE

The following event is being sponsored by the Legislative Committee of the Schaumburg Business Association.

Thursday, September 13, at 7:30 P.M.

A debate, among the following State candidates at The Prairie Center for the Performing Arts in Schaumburg, 201 Schaumburg Ct., Schaumburg, IL

This debate will be moderated by ICLRU favorite Dr. Paul Green.

22nd District: State Sen. Michael Noland & Cary Collins
28th District: State Sen. Dan Kotowski & Jim O'Donnell
44th District: State Rep. Fred Crespo & Ramiro Juarez
56th District: State Rep. Michelle Mussman & John Lawson

We have heard that Paul Green will make a presentation at the Roosevelt Schaumburg Campus in October.

More information to come.