

# SUMMER 2022 ICL STUDY GROUPS JUNE 20 – JULY 28



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## **ICL MEMBERS:**

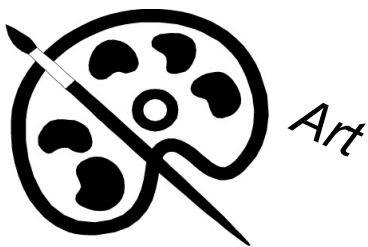
*Please register for a study group only if you plan to attend regularly. If you register and find you cannot attend, please notify the coordinator as soon as possible.*

***Register by June 10***

***(Registrations will be accepted after 6/10 for space available)***

*Please register online if possible. This saves clerical work!*

***NOTE: Please mark your calendars with the classes you have selected. Confirmation letters will not be sent.***



*And much more!*

**Institute for Continued Learning at Roosevelt University**  
**ICLRU Center, Room 705**  
**1400 N. Roosevelt Blvd., Schaumburg, IL 60173**  
**Email: [officemanager@iclru.org](mailto:officemanager@iclru.org) Website: <https://iclru.org>**

## **MONDAYS 1:00-3:00**

### **GRAPE EXPECTATIONS: EXPLORING THE WINE REGIONS OF FRANCE – ON CAMPUS**

**Coordinator: Andrea Basalay**

**June 20 – July 18 -- No Class on July 4**

Explore the major wine regions of France to create a foundation that will help you to understand and enjoy French wines. Beginners and experienced wine enthusiasts will investigate the treasures of Champagne, Provence, the Loire Valley, Burgundy and Bordeaux. **A tasting fee of \$10.00 (cash only) will be collected at the first class.**



## **TUESDAYS 9:30-11:30**

### **EXPERIENCING ART – ON CAMPUS**

**Coordinators: Alfredo Rodriguez, Basilio King and Christopher Melby**

**June 21 – July 26 – No Class on July 5**

This workshop offers an opportunity to explore different techniques and forms of art, such as brush painting, pen and ink, watercolor, and drawing. All levels of experience and expertise are welcome. Participants will bring their own supplies and materials and will work independently. While class facilitators and participants can offer encouragement, ideas and suggestions to each other, this will NOT be an instructional class.



## **TUESDAYS 9:30-11:30**

### **GAME CHANGERS - ZOOM**

**Coordinators: Mike and Marilyn Glass**

**June 21-July 19 - No Class on July 5**

This four-week session features a highly diverse set of documentaries unearthed by Mike and Marilyn Glass. Our selections, some of which could be considered a bit off-the-wall, include Exploring the Venice You've Never Seen; The Lowdown on Mary Magdalen (courtesy of Waldemar Januszczak); Renaissance Art of Passion (also courtesy of Waldemar); Undercover at Orlando's Retirement Complex, "The Villages;" and some other surprising films. Join us on this unconventional trip; it's definitely not your father's Oldsmobile.



## **WEDNESDAYS 9:30-11:30**

### **BIOCULTURAL PERSPECTIVES ON AGING: LESSONS FROM JAPAN - ZOOM**

**Coordinator: Andrea Zietlow**

**Guest Lecturer: Melissa Melby, Ph D.**

**June 22-July 27 - No Class on July 6**



This course is being presented by guest professor, Melissa Melby (daughter of ICL members, Chris and Carol Melby). It explores aging by posing questions such as: Why do we age? Why does menopause exist? How does aging (and menopause) occur? What is the variation (both individual and population) in the experience of aging, and what factors influence that? We focus on Japan, a country with among the longest life expectancy in the world, and on menopause as a key turning point in the experience of aging and health. All classes will be half lecture and half interactive discussions. We will explore various perspectives and insights into many factors influencing cross-cultural variation in the experience of aging. We will discuss different levels of explanation (how vs why) and biocultural understandings of aging, and extend these ideas and approaches to other health-related phenomena such as chronic disease, and mental health.

## WEDNESDAYS 1:00-3:00

### FUN AND FOOD IN EUROPE – ON CAMPUS

Coordinator: Gene Flynn

June 22 – July 20 – No Class on July 6



This 4-session study group will relive past trips and discuss future trips to France, Italy, Germany/Austria, and the UK. In addition to presentations and discussions, we will sample food and beverages from the respective countries. **Each attendee is asked to bring a food or beverage item (sharable for six) on two of the four sessions or make a one-time contribution of \$15.** (We will not meet on July 27<sup>th</sup>)

## THURSDAYS 9:30-11:30

### COME PLAY BRIDGE – ON CAMPUS

Coordinator: Andrea Zietlow

June 23 – July 28 – No Class on July 7



This study group is for people who already know how to play bridge. Join us if you would like to meet other ICL members who play and want to have more opportunities to play the game. We welcome those who have recently learned the game as well as intermediate and advanced players. We will be playing for FUN, not cutthroat! Hopefully we can all learn from one another. **NOTE: This is an ongoing study group, but new participants are always welcome.**

**THURSDAYS 9:30-11:30**

**GAME CHANGERS - ON CAMPUS**

**Coordinators: Mike and Marilyn Glass**

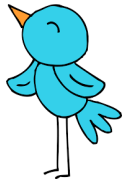
**June 23-July 21 - No Class on July 7**

This four-week session features a highly diverse set of documentaries unearthed by Mike and Marilyn Glass. Our selections, some of which could be considered a bit off-the-wall, include Exploring the Venice You've Never Seen; The Lowdown on Mary Magdalen (courtesy of Waldemar Januszczak); Renaissance Art of Passion (also courtesy of Waldemar); Undercover at Orlando's Retirement Complex, "The Villages;" and some other surprising films. Join us on this unconventional trip; it's definitely not your father's Oldsmobile.





# REGISTRATION: SUMMER 2022 STUDY GROUPS



## REGISTRATION FORM

Please circle the numbers of the classes you would like to take. Make sure you mark the dates and times on your calendar as confirmation letters will **NOT** be sent out.

Please register by sending an email to [officemanager@iclru.org](mailto:officemanager@iclru.org). **Include the NUMBERS of the class(es) you are signing up for.** Or mail this form to Bob Masterson at 251 Ascot Lane, Streamwood, IL 60107 by **June 10, 2022.**

F = Fee/cost involved

L = Limited # of registrants

### MONDAY 1:00-3:00

1. Grape Expectations: Exploring the Wine Regions of France  
(F) **ON CAMPUS**

### TUESDAY 9:30-11:30

2. Experiencing Art (L) **ON CAMPUS**
3. Game Changers **ZOOM**  
**Register for 3 or 7, Not Both**

### WEDNESDAY 9:30-11:30

4. Biocultural Perspectives on Aging: Lessons from Japan  
**ZOOM**

### WEDNESDAY 1:00-3:00

5. Fun and Food in Europe (F)  
**ON CAMPUS**

### THURSDAY 9:30-11:30

6. Come Play Bridge **ON CAMPUS**
7. Game Changers **ON CAMPUS**  
**Register for 3 or 7, Not Both**

Name \_\_\_\_\_

email \_\_\_\_\_