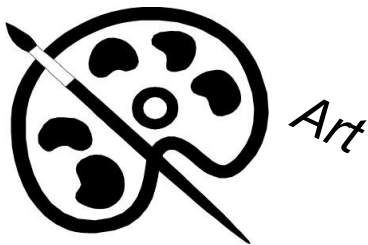




SPRING 2024 ICL STUDY GROUPS MARCH 11-MAY 9



Literature



And much more!

ICL MEMBERS:

Please register for a study group only if you plan to attend regularly. If you register and find you cannot attend, please notify the coordinator as soon as possible.

Register by March 8

(Registrations will be accepted after 3/8 for space available)

Please register online if possible. This saves clerical work!

NOTE: Please mark your calendars with the classes you have selected. Confirmation letters will not be sent.

Institute for Continued Learning at Roosevelt University
ICLRU Center, Room 705
1400 N. Roosevelt Blvd., Schaumburg, IL 60173
Email: officemanager@iclrु.org Website: <https://iclrु.org>

MONDAYS 10:00-11:30

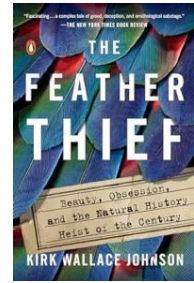
All Monday Programs are ICL Reads

***THE FEATHER THIEF* Book Discussion (An ICL Reads Feather Fever Event)**

Coordinators: Ruth Sellers & Arlene Kallwitz

Mar 11 (1 Session)

ON CAMPUS



Learn what other ICL Readers have to say about *THE FEATHER THIEF* and share your thoughts, likes, and dislikes.



Pinched Paintings (An ICL Reads Feather Fever Event)

Coordinators: Ruth Sellers & Alvin Helfgot

Guest Speaker: Jeff Mishur

Apr 1 (1 Session)

ZOOM

Art historian Jeff Mishur will discuss a selection of notorious art heists, some that have been solved and others that still remain open. Mishur's program features art crimes involving private collections and churches as well as museums such as The Isabella Stewart Gardner Museum and The Louvre.

From Follicles to Feathers: Amazing Avian Adaptations (An ICL Reads Feather Fever Event)

Coordinators: Andi Basalay & Ruth Sellers

Guest Speaker: Lilli Holden

Apr 8 (1 Session)

ZOOM



Feathers are needed for birds to fly, but they also enable them to show off, blend in, stay warm, keep dry, and more. Join Lilli Holden of The Chicago Bird Alliance to learn about the complex structure, types and functions of feathers as she traces their evolution.

MONDAYS 1:00- 2:30

All Monday Programs are ICL Reads

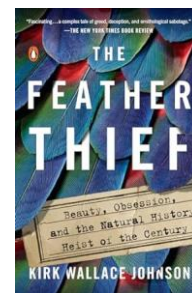
***THE FEATHER THIEF* Book Discussion (An ICL Reads Feather Fever Event)**

Coordinators: Ruth Sellers & Mary Lou Bleeg

Mar 18 (1 Session)

ZOOM

Learn what other ICL Readers have to say about *THE FEATHER THIEF* and share your thoughts, likes, and dislikes.



Understanding Autism Spectrum Disorders (An ICL Reads Feather Fever Event)

Coordinator: Ruth Sellers

Guest Speaker: Erica Duijzer

Apr 15 (1 Session)

ZOOM

Erica Duijzer, Senior Director of the Autism Program at Hope, will share her knowledge of autism spectrum disorders.

Meet the Author, Kirk Wallace Johnson (An ICL Reads Feather Fever Event)

Coordinator: Ruth Sellers

Guest Speaker: Kirk Wallace Johnson

Apr 22 (1 Session)

ZOOM



We're excited to have Kirk Wallace Johnson join us live, via zoom. He will discuss his book and answer questions from ICL Readers.

MONDAYS 4:00- 5:30



Fly Tying (An ICL Reads Feather Fever Event)

Coordinators: Ruth Sellers & Arlene Kallwitz

Guest Speaker: Fred Hannie

Apr 1 (1 Session)

ZOOM

Enthusiast Fred Hannie will share his passion for fly tying.

Note: Special time of 4:00 pm – 5:30 pm.

TUESDAYS 10:00-12:00

Variety - The Spice of Life

Coordinators: Mike and Marilyn Glass

Mar 12 – Apr 30 (8 Sessions)

ZOOM



This eight-week study group presented on Zoom Tuesday and in the classroom on Thursday, begins March 12, ending May 2. Our films include documentaries on a skilled photographer, a legendary musician, a clever fraudster, Broadway entertainment, women's fashion, and a comedian celebrated for starring in both black and white and technicolor movies. Plus, a couple of surprises.



Experiencing Art

Coordinators: Basilio King, Christopher Melby and Alfredo Rodriguez

Mar 12 - May 7 (9 Sessions)

ON CAMPUS

This workshop offers an opportunity to explore different techniques and forms of art, such as brush painting, pen and ink, watercolor, and drawing. All levels of experience and expertise are welcome. Participants will bring their own supplies and materials and will work independently. While class facilitators and participants can offer encouragement, ideas and suggestions to each other, this will NOT be an instructional class.

Fun and Games

Coordinator: Nancy Mieszala

Apr 2 - May 7 (6 Sessions)

ON CAMPUS



Compete with your ICLRU friends in class. I will present some familiar games like Left, Right and Center, Ticket to Ride and Rummikub. There will be something for you. Join us for our Fun and Games' class. Please bring any games that might be fun in class.

TUESDAYS 10:00-12:00

Staying Mentally Healthy

Coordinator: Marlene Brusko

May 7 (1 Session)

ON CAMPUS



We all know the symptoms to watch for, and often, the steps to take. Fever? Aspirin and monitor. Funny looking mole? Off to the dermatologist. And on it goes. We are good at it. But how many of us know what to do when we can't stop obsessing about the latest bad news? Can't figure out how to deal with a recent mistake? Stressed to the max about one thing or another? Most of us didn't learn that information at our mother's knee, or anywhere else for that matter. Join me as we explore a few simple strategies that are like "aspirin" for an occasionally uncooperative mind.

TUESDAYS 1:00-3:00



Andrew Lloyd Webber - His Music and His Story

Coordinator: Caryn Amster

Mar 12 - Mar 19 (2 Sessions)

ON CAMPUS & ZOOM

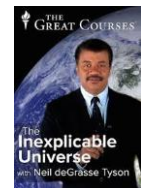
From the age of six, Andrew Lloyd Webber was a musical prodigy. He was referred to by The New York Times in 2001 as "the most commercially successful composer in history." The first session will cover his life and personal history. There is so much to learn about this greatly honored and most talented man. In the second session we will all enjoy songs from some of his most famous works.

The Inexplicable Universe: Unsolved Mysteries

Coordinator: Beth Lloyd

Mar 12 - Mar 19 (2 Sessions)

ON CAMPUS



Have you ever looked up at the sky on a dark and starry night? Unless you tried this away from the bright city lights, you missed the best part. Peering up at the sky you can see a few stars and planets close to us. You can expand your view in darkness and see the Milky Way galaxy and more of the universe. With the aid of simple to complex telescopes, cameras, etc. you can begin to understand that our earth is a miniscule part of the entire universe. This series of lectures will help us to grasp the complexity and depth of what lies out in the great beyond with the most comprehensible explanation possible. Is a Black Hole a reality? Is there a "God" particle? Let's dig in and find out.

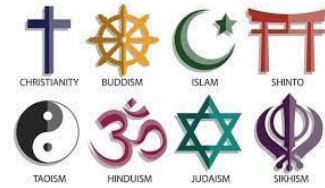
TUESDAYS 1:00-3:00

A Survey of World Religions

Coordinator: Andrea Zietlow

Mar 26 - May 7 (7 Sessions)

ON CAMPUS & ZOOM



Every group of humans ever discovered has had some kind of religious belief. Yet these beliefs and practices vary widely from one culture to another and even within the same religion. To understand people of other cultures and ethnicities, we need to understand their religions. In this study group, we will explore the earliest evidence of religious practices. As we then strive to gain a basic understanding of the Abrahamic (Judaism, Christianity, and Islam), Dharmic (Hindu and Buddhist), and Taoic (Confucianism, Taoism, and Shinto) religions, we will also examine the similarities and differences among them.



🌸 A Flower 🌸 in You - Advanced 🌸

Coordinator: Judy Krakowiak

Apr 9 – May 7 (5 Sessions)

ON CAMPUS

One Stroke Acrylic painting technique, \$5 supply fee for 5 classes.

NOTE: This study group is only available to those who have previously participated in 5 or more classes.

WEDNESDAYS 10:00-11:00

Heart Healthy Nutrition

Coordinator: Andrea Zietlow

Guest Speakers: Brandi O'Connor and Milton Childs

March 20 (1 Session)

ON CAMPUS



The American Pharmacists Association Student Chapter here at Roosevelt will be giving a presentation on Heart Healthy Nutrition. During this presentation we will speak on the benefits and importance of eating a heart healthy diet, as well as provide nutritious food options and easy to follow recipes.

WEDNESDAYS 10:00-12:00

Failures, Fizzles, Flops

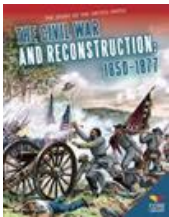
Coordinator: Richard Westgard

Mar 13 (1 Session)

ZOOM



A look at some schemes, projects, designs that came up a cropper, as the Brits would say. These were supposedly well thought out, well publicized, heavily financed efforts that went bust.



The American Civil War & Reconstruction

Coordinator: Tom Gavigan

Mar 13 - May 8 (9 Sessions)

ON CAMPUS & ZOOM

This is a continuation a study group that is planned to continue through successive Spring and Fall sessions. We will be looking in depth at the Civil War and Reconstruction from a military, political, societal, and economic perspective. These continuing sessions will include many stand-alone topics covering people; political and moral viewpoints; foreign affairs; life on the home front; military life; tactics and many more aspects of this period in American history. The military events of the conflict will be covered in considerable detail. We will be using lecture, discussion and audio/visual throughout this study group. Participants are encouraged to suggest topics for discussion and make short presentations if so inclined.

Creative Projects with Mosaics

Coordinator: Marcy Canel

March 20 - April 17 (5 Sessions)

ON CAMPUS



The mosaics study group for the spring will have a double intent. For those who have never taken the class, I will teach the beginners. For those who have taken the class, we will move on to learning how to cut glass and design a project individually.

NOTE: \$10 fee for new students; \$5 fee for returning students. Returning students need to provide their own glass and project.

WEDNESDAYS 1:00-3:00

General James Longstreet

Coordinator: John Kness

Mar 13 (1 Session)

ON CAMPUS & ZOOM



This study group will discuss the controversial Confederate general, who later embraced Reconstruction and became an outcast in the South.



The History of Marijuana, Legalization and the Growing Usage Among Senior Citizens

Coordinator: Jeffrey Gray

Mar 13 (1 Session)

ON CAMPUS & ZOOM

Marijuana is one of the oldest known psychoactive drugs, with a history dating back thousands of years. It has been used for a variety of purposes, including medicinal, recreational, and spiritual.

In recent years, there has been a growing movement to legalize marijuana for recreational use. In 2012, Colorado and Washington became the first states to legalize recreational marijuana. Since then, 19 other states and the District of Columbia have legalized recreational marijuana.

In this presentation, we will discuss the following topics:

- The history of marijuana
- The legalization of marijuana for medical and recreational use
- The benefits and risks of marijuana use among senior citizens.

You be the Judge and Jury- Donald Trump Edition

Coordinator: Jeffrey Gray

Mar 20 – Apr 3 (3 Sessions)

ON CAMPUS



Persecution or prosecution? This study group will discuss the many charges and trials facing the former president of the United States, Donald Trump. We will do a deep dive into the facts and law, surrounding the allegations of misconduct against Mr. Trump. The participants in the study group will discuss the merits or lack thereof surrounding the many legal challenges facing Mr. Trump and decide whether to find him guilty or not guilty of each charge.

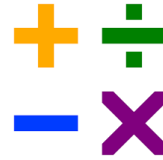
WEDNESDAYS 1:00-3:00

Math Refresher

Coordinator: Alice Kurtyka

Apr 10 (1 Session)

ON CAMPUS



Basic Math Refresher Course. Review addition, subtraction, multiplication and division problems using our brains, (along with pencil and paper), vs a calculator to keep our math skills sharp.



The First Americans

Coordinator: Joan Reisen

Apr 3 – Apr 24 (4 Sessions)

ON CAMPUS

Just who were the first migrants to the lands we now call the Americas? When did they come? Where did they originate? How did they get here? Current scholarship, sometimes controversial, sometimes conflicting, sometimes competitive, is pointing in directions other than what we may have believed or what we may have been taught. Did you know a current claim for the oldest human settlement in the Americas lies in South Carolina, dating back 15,000 years?

This study group will explore some of the new findings and paradigm shifts coming from the fields of archaeology, anthropology and genetics. We will also explore some of their descendants. The data is not “settled science” but it is thought provoking and provides interesting and disparate hypotheses about the ancient immigrants to the land.

The Italian Renaissance: Politics and Power at the Dawn of the Modern Age

Coordinator: Jean Ciura

Apr 17 – May 8 (4 Sessions)

ON CAMPUS & ZOOM



The Renaissance is commonly known for beautiful and impressive works of art. Less known, however, are the political and social foundations that made much of this Renaissance possible. This session will review the Italian city states during the Renaissance, the political giants of Florence, Milan, Venice, Naples and Rome, their politics, and the formation of the personal dynasties on the Italian peninsula. From the beginning of the Renaissance to the Peace of Lodi, we will review the thinkers and doers of the Renaissance who balanced the world and destiny for decades.

THURSDAYS 10:00-12:00

Variety - The Spice of Life

Coordinators: Mike and Marilyn Glass

Mar 14 – May 2 (8 Sessions)

ON CAMPUS



This eight-week study group presented on Zoom Tuesday and in the classroom on Thursday, begins March 12, ending May 2. Our films include documentaries on a skilled photographer, a legendary musician, a clever fraudster, Broadway entertainment, women's fashion, and a comedian celebrated for starring in both black and white and technicolor movies. Plus, a couple of surprises.



Come Play Bridge

Coordinator: Andrea Zietlow

Mar 14 – May 9 (9 Sessions)

ON CAMPUS

This study group is for people who already know how to play bridge. Join us if you would like to meet other ICL members who play and want to have more opportunities to play the game. We welcome those who have recently learned the game as well as intermediate and advanced players. We will be playing for FUN, not cutthroat! Hopefully we can all learn from one another. **NOTE: This is an ongoing study group, but new participants are always welcome.**

Historic Railroad Stock Certificate Collecting

Coordinator: Bob Hartnett

May 2 (1 Session)

ON CAMPUS



This ONE DAY class will focus on the hobby of collecting railroad stock certificates and railroad bonds. We will discuss how the hobby got started and what it takes to become a collector yourself.

THURSDAYS 10:00-12:00

Staying Mentally Healthy

Coordinator: Marlene Brusko

May 9 (1 Session)

ZOOM



We all know the symptoms to watch for, and often, the steps to take. Fever? Aspirin and monitor. Funny looking mole? Off to the dermatologist. And on it goes. We are good at it. But how many of us know what to do when we can't stop obsessing about the latest bad news? Can't figure out how to deal with a recent mistake? Stressed to the max about one thing or another? Most of us didn't learn that information at our mother's knee, or anywhere else for that matter. Join me as we explore a few simple strategies that are like "aspirin" for an occasionally uncooperative mind.

THURSDAYS 1:00-3:00



Your Family Tree Is Like Peeling an Onion

Coordinator: Merle Silverstein

Guest Speaker: Bob Silverstein

Mar 21 - Apr 4 (3 Sessions)

ON CAMPUS & ZOOM

What happens when we peel an onion? Most cry, and then enjoy it in many different ways. The same is true of your family tree. Every person and branch we add is like peeling another layer of an onion revealing more about our ancestries. The purpose of this study group is to introduce people to some basic tools and concepts to build a family tree. The first two sessions will cover Ancestry and Family Tree Maker. They will center upon the traditional resources with only a brief discussion of DNA. In the third session, attendees can ask questions, talk about their brick walls, and present their own family trees.

The Complete Thin Man Collection

Coordinator: Bob Hartnett

Mar 28 - May 9 (7 Sessions)

ON CAMPUS



The Thin Man was a series of six movies which were produced between 1934 and 1947. The movies starred William Powell and Myrna Loy as Nick and Nora Charles. The plot for these films centered around Nick and Nora's relationship as high society detectives. The films are full of laughs and mystery as Nick and Nora toast each other with champagne cocktails as they solve the latest "who done it"! The seventh class we will show two documentaries, one each on the lives of William Powell and Myrna Loy.

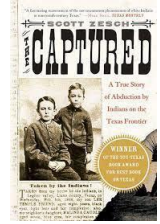
THURSDAYS 1:00-3:00

Book Discussion: *News of the World* & *The Captured*

Coordinator: Grace Limoncelli

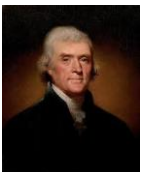
Apr 4 (1 Session)

ON CAMPUS



Discussion: Why did kidnapped children on the American Frontier choose to stay with their Native American kidnappers? They apparently became Indian in every way and rarely adjusted when returned to their birth families even if their stay with their capturers was less than a year. Is this an indictment of Western culture?

We will read “*News of the World*” by Paulette Jiles and “*The Captured*” by Scott Zesch on our own before meeting for discussion on Thursday, April 4th at 1 pm.



The Problem with Tom: Jefferson and Slavery

Coordinator: Joyce Haworth

Apr 18 (1 Session)

ON CAMPUS & ZOOM

The problem with Tom is that he said things like, “The whole commerce between master and slave is a perpetual exercise of the most ... unremitting despotism” while continuing to hold and profit from slaves. We cannot justify Jefferson by saying, “well, he was just a man of his times,” for he spoke out against slavery more than any other Founder, and yet relied on slavery for his livelihood and comforts, all of his life. What gives? Historian Joyce Haworth will explore the ways in which Jefferson justified his slave-holding. His choices illustrate the conflicts embedded in early American society.

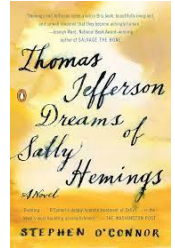
THURSDAYS 1:00-3:00

Book Discussion: *Thomas Jefferson Dreams of Sally Hemings*

Coordinator: Joyce Haworth

Apr 25 – May 2 (2 Sessions)

ON CAMPUS



The third president and his enslaved mistress had a decades-long relationship. *Thomas Jefferson Dreams of Sally Hemings* is historical fiction that imagines what that relationship might have been like. But it goes beyond other historical fiction in its creative take, shifting between history and fantasy, imagining Jefferson and Hemings in other time periods and places. As good fiction does, it makes us ask questions we had not thought to ask and presents possibilities we had not considered. This is a book discussion about *Thomas Jefferson Dreams of Sally Hemings* which will be held over two sessions and will work most beautifully if those attending have read the book. Session #1 will consider the first half of the book, and Session #2 will focus on how its various themes resolve. Discussion will be led by American historian Joyce Haworth.



Democracy Under Duress

Coordinator: Andrea Zietlow

Guest Speaker: Ed Spire

May 9 (1 Session)

ON CAMPUS & ZOOM

Right-wing populism is rising in many western nations, but here in the US it is beginning to actually threaten our democracy. This presentation points out why this is happening uniquely here in the US: Because the country is becoming a true multi-racial democracy, a transformation that no other country is undergoing. And the US constitution actually empowers the minority that wishes to stop this transition.

We will discuss why this is happening, and what we need to change in our governmental structures to alleviate this attack on our democracy. And we must address these very thorny issues, starting now. Because the US will become a multi-racial democracy - or it won't be a democracy any more.

REGISTRATION: SPRING 2024

STUDY GROUPS

PAGE 1 OF 3



REGISTRATION FORM

Please circle the numbers of the classes you would like to take. Make sure you mark the dates and times on your calendar as confirmation letters will **NOT** be sent out. Please register by sending an email to officemanager@iclr.org. **Include the NUMBERS of the class(es) you are signing up for.** Or mail this form to Bob Masterson at 251 Ascot Lane, Streamwood, IL 60107 by **Mar 8, 2024**.

If a study group is taught both ON CAMPUS and on ZOOM, register for one or the other, but not both.

Note: OC = ON CAMPUS and Z= ZOOM

MONDAY 10:00-11:30

1. Feather Discussion **OC**
Mar 11 (1 Session)
2. Pinched Paintings **Z**
Apr 1 (1 Session)
3. From Follicles to Feathers **Z**
Apr 8 (1 Session)

MONDAY 1:00-2:30

4. Feather Discussion **Z**
Mar 18 (1 Session)
5. Understanding Autism **Z**
Apr 15 (1 Session)
6. Meet the Author **Z**
Apr 22 (1 Session)

MONDAY 4:00-5:30

7. Fly Tying **Z**
Apr 1 (1 Session)

TUESDAY 10:00-12:00

8. Variety: The Spice of Life **Z**
Mar 12 - Apr 30 (8 Sessions)
9. Experiencing Art **OC**
Mar 12 - May 7 (9 Sessions)
10. Fun & Games **OC**
Apr 2 - May 7 (6 Sessions)
11. Staying Mentally Healthy **OC**
May 7 (1 Session)

TUESDAY 1:00-3:00

12. Andrew Lloyd Webber **OC**
Mar 12 - Mar 19 (2 Sessions)
13. Andrew Lloyd Webber **Z**
Mar 12 - Mar 19 (2 Sessions)
14. Inexplicable Universe **OC**
Mar 12 - Mar 19 (2 Sessions)
15. World Religions **OC**
Mar 26 - May 7 (7 Sessions)
16. World Religions **Z**
Mar 26 - May 7 (7 Sessions)
17. Flower in You **OC F**
Apr 9 - May 7 (5 Sessions)

F = Fee/cost involved

Name _____

email _____

REGISTRATION: SPRING 2024

STUDY GROUPS

PAGE 2 OF 3



REGISTRATION FORM

Please circle the numbers of the classes you would like to take. Make sure you mark the dates and times on your calendar as confirmation letters will **NOT** be sent out. Please register by sending an email to officemanager@iclr.org. **Include the NUMBER of the class(es) you are signing up for.** Or mail this form to Bob Masterson at 251 Ascot Lane, Streamwood, IL 60107 by **Mar 8, 2024.**

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Note: OC = ON CAMPUS and Z= ZOOM

WEDNESDAY 10:00-11:00

18. Heart Healthy Nutrition **OC**
Mar 20 (1 Session)

WEDNESDAY 10:00-12:00

19. Failures, Fizzles **Z**
Mar 13 (1 Session)
20. Civil War **OC**
Mar 13 – May 8 (9 Sessions)
21. Civil War **Z**
Mar 13 – May 8 (9 Sessions)
22. Creative Mosaics **OC F**
Mar 20 - Apr 17 (5 Sessions)

WEDNESDAY 1:00-3:00.

23. General Longstreet **OC**
Mar 13 (1 Session)
24. General Longstreet **Z**
Mar 13 (1 Session)

WEDNESDAY 1:00 – 3:00

25. History of Marijuana **OC**
Mar 13 (1 Session)
26. History of Marijuana **Z**
Mar 13 (1 Session)
27. You Be the Judge **OC**
Mar 20 - Apr 3 (3 Sessions)
28. The First Americans **OC**
Apr 3 - Apr 24 (4 Sessions)
29. Math Refresher **OC**
Apr 10 (1 Session)
30. Italian Renaissance **OC**
Apr 17 - May 8 (4 Sessions)
31. Italian Renaissance **Z**
Apr 17 - May 8 (4 Sessions)

F = Fee/cost involved

REGISTRATION: WINTER 2024

STUDY GROUPS

PAGE 3 OF 3



REGISTRATION FORM

Please circle the numbers of the classes you would like to take. Make sure you mark the dates and times on your calendar as confirmation letters will **NOT** be sent out. Please register by sending an email to officemanager@iclr.org. **Include the NUMBER of the class(es) you are signing up for.** Or mail this form to Bob Masterson at 251 Ascot Lane, Streamwood, IL 60107 by **Mar 8, 2024**.

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Note: OC = ON CAMPUS and Z= ZOOM

THURSDAY 10:00-12:00

- 32. Variety: the Spice of Life **OC**
Mar 14 - May 2 (8 Sessions)
- 33. Come Play Bridge **OC**
Mar 14 - May 9 (9 Sessions)
- 34. Historic Railroad Stock **OC**
May 2 (1 Session)
- 35. Staying Mentally Healthy **Z**
May 9 (1 Session)

THURSDAY 1:00 – 3:00

- 36. Your Family Tree **OC**
Mar 21 - Apr 4 (3 Sessions)
- 37. Your Family Tree **Z**
Mar 21 - Apr 4 (3 Sessions)

THURSDAY 1:00-3:00

- 38. Thin Man Collection **OC**
Mar 28 - May 9 (7 Sessions)
- 39. News of the World **OC**
Apr 4 (1 Session)
- 40. Problem with Tom **OC**
Apr 18 (1 Session)
- 41. Problem with Tom **Z**
Apr 18 (1 Session)
- 42. Jefferson & Sally Hemings **OC**
Apr 25 - May 2 (2 Sessions)
- 43. Democracy Under Duress **OC**
May 9 (1 Session)
- 44. Democracy Under Duress **Z**
May 9 (1 Session)

F = Fee/cost involved

Name _____

email _____